

# VOICE OF THE VILLAS

August 9, 2024



## From Villa Social Committee

We have planned a Sunday Brunch at Eggs-trordinary on Sunday, August 18th at 12:00 Noon.

We can order off the menu and have separate checks.

Eggs-trordinary is located in Nokomis, 2282 N Tamiami Trail right behind Mama Leone's and across the street from Waterfront Two.

We look forward to seeing our Summer residents.

Sign up sheet is at the pool.

We will need the final count by Friday, August 16th.



## IMPORTANT MESSAGE FROM VILLA BOARD PRESIDENT JIM LARR

### THE VILLAS CABLE AND INTERNET UPDATE 2025

While August 1, 2025 seems a long way off, we need to update you about our new contract with Hotwire. They will be providing both TV services of over 200 channels including locals as well as high speed internet. We are communicating with you now, so, you do not sign up for any internet contract that goes beyond August 1, 2025. We know that some have done exactly that, and they will need to try to find the penalty for cancelling. This new contract will save money for most of our residents. If you pay for internet services separately, it is costing anywhere from \$50 to \$60 something per month, and not getting highspeed fiber internet. Currently, the Association is paying about \$55 per month for just TV. The new contract will cost \$83 per month for both, and the difference, about \$30 will be added to the monthly Association dues, but not until the first of 2026. In the coming months, Hotwire will be laying fiber across the rear of our homes and taping into the same box as Comcast. The services will also include two DVRs. Hotwire technicians will be available for training for residents who need assistance with remotes and the use of DVRs.



If you meet new Villa neighbors, please welcome them to our community, ask if they would like to receive Voice of the Villas e-news, secure their contact information and forward to me so I can include them on distribution list.

happyvillas@yahoo.com

Thank you and enjoy a safe and relaxing summer season.  
Marie Palagonia



Updates about Pool renovation will be included in a future edition of the Voice. Eric Dobis and other board members are hard at work with repairs and restoration efforts.

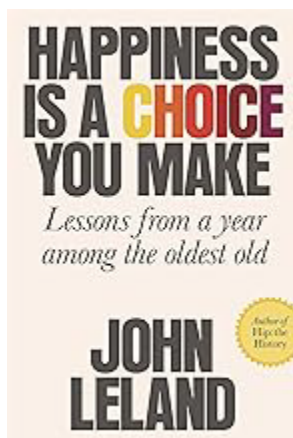


### **VILLA WEBSITE**

**<http://www.myvocc.com>**

*Resident Directory Password: VillasCC1.*

*Kindly review your listing and email any changes to your contact information in directory to John Gerber: jeg80@comcast.net*



### ***Book Review: "Happiness is a Choice You Make" by John Leland***

*In his book, subtitled "Lessons From a Year Among the Oldest Old", journalist John Leland takes us on a journey into uncharted territory. Mr. Leland spent a year with six elderly New Yorkers, exploring their lives.*

*He divides the book into the first six chapters chronicling the years spent with each of the six -- John, 97, living in the same Manhattan apartment for forty-six years, the last six of them alone after the death of his partner; Fred, 87, a World War II vet and retired civil servant living in a three-story walk up; Helen, 90, living in The Hebrew Home in the Bronx, dating Howie,*

*living down the hall; Ping, 89, providing an Asian perspective, living in a rent-controlled apartment with a Medicaid paid home attendant for seven hours a day; Ruth, a feisty 90, in assisted living in Sheepshead Bay, Brooklyn and, finally, Jonas, 92, an active filmmaker and writer.*

*Along with the author, we live the lives of these six people from getting up in the morning to going to bed at night. "How did they get through the day, and what were their hopes for the morrow? How did they manage their medications, their children, and their changing bodies..." Further, says Mr. Leland "All had lost something: mobility, vision, spouses, children, peers, memory but few had lost everything." What the author found was that the "oldest old" are not a different species, as so many people see them, but rather much the same as you and me -- getting up each morning with wants and needs and doing the best they can with what they have. Nevertheless, older people report a greater sense of well-being and fewer negative emotions than younger people. "Experience helps older people moderate their expectations and makes them more resilient when things don't go as hoped." We learn the many ways his six seniors chose to be happy.*

*The final six chapters detail the lessons learned from each of the elders. These are worlds well worth exploring. As Ruth said to her daughter one day "I was your age, you were never my age."*

*Article provided by Michael Ettinger, Attorney at Law*